

# One-Day Workshops

## ART: ACRYLIC PAINTING WORKSHOP

Let's create an acrylic painting from start to finish. We will use Van Gogh as our inspiration to learn about colors and acrylic application. Prepare the frames. All art supplies and aprons will be provided.

Art Center Multipurpose Room Henry, Lucia  
**3653.201 8yrs to 12yrs 4/16 10:30am-12:00pm Sa \$36**  
 \*\$33 HBAC Members

## ART: MIXED MEDIA/ WAX WORKSHOP

Discover the fun of mixed media art. We will create a colorful grid abstract, Paul Klee's style, on wood panel using watercolors, gesso and finish it with a layer of wax/encaustic. All art supplies and aprons will be provided.

Art Center Multipurpose Room Henry, Lucia  
**3652.201 8yrs to 12yrs 4/09 10:30am-12:00pm Sa \$36**  
 \*\$33 HBAC Members

## ART: PLASTER SCULPTURE WORKSHOP

Let's explore plaster sculpture and create one-of-a-kind creatures. We will build an armature, use plaster and finish it with acrylics. All art supplies and aprons will be provided.

Art Center Multipurpose Room Henry, Lucia  
**3651.201 8yrs to 12yrs 4/02 10:30am-12:00pm Sa \$36**  
 \*\$33 HBAC Members

## BABYSITTING: SERIOUSLY AWESOME SITTERS

The ultimate babysitter preparation class. You become certified in Basic First Aid and CPR/AEAD for adults and children. You'll also learn how to market your services, safely care for children, make healthy snacks, and entertain kids so that you'll be asked back again and again. \$30 material fee due at first class.

Murdy Community Center Game Room Workshops on Wellness  
**3605.200 10yrs to Adult 4/16 10:00am-5:00pm Sa \$60**  
**3605.201 10yrs to Adult 6/04 10:00am-5:00pm Sa \$60**

## BASIC TRAVEL PHOTOGRAPHY WORKSHOP

We'll discuss how timing, lighting, weather and mastering basic yet powerful camera techniques can improve one's travel photography and make you "see like a photographer." This class complements Capture the Essence of a Place. No camera necessary for class. \$20 material fee due at first class - includes book.

Rodgers Senior Center Game Room Velasco, Ralph  
**4811.201 Adult 4/04 6:30pm-9:30pm M \$45**

## BEST CHEF: ADULT CLASS – 5 INGREDIENT MEALS

This is a "hands-on" class where we will make several 5-ingredient dishes. Recipes include Roasted Peppers and Balsamic Bruschetta, Buttermilk Pecan Chicken and Sweet Corn stuffed Zucchini. Recipes are provided. \$10 materials fee due at first class.

City Gym Room B Sciumbato, Marieva  
**3649.201 Adult 6/10 6:00pm-8:00pm F \$35**

## BEST CHEF: ADULT CLASS - COOKING WITH CONFIDENCE

This is a "hands-on" class covering basic cooking techniques as well as recipe selection. This class will focus on 5 ingredient cooking. Recipes include Layered Crab Salad, Parmesan Crusted Tilapia, a Wild Rice Casserole finishing with a Chocolate Mousse. \$10 material fee due at first class. Recipes provided.

City Gym Room B Sciumbato, Marieva  
**3648.201 Adult 5/20 6:00pm-8:00pm F \$35**

## BEST CHEF: KIDS EDITION MASTERING THE 3 COURSE MEAL

In this workshop we will put together a 3- course meal. First a starter of soup followed by the entree and sides, then ending with Dessert. We will set the table, and pass the food family style. Recipes provided. \$5 materials fee due first class.

City Gym Room B Sciumbato, Marieva  
**3647.201 8yrs to 13yrs 5/14 10:30am-12:30pm Sa \$30**

## BEST CHEF: KIDS EDITION MEXICAN FIESTA

In this workshop we will explore Mexican foods. We will start with a chicken and corn quesadillas served with a Creamy Guacamole, then on to our Fiesta Chicken Enchiladas. Recipes provided. \$5 materials fee due at first class.

City Gym Room B Sciumbato, Marieva  
**3626.201 5yrs to 7yrs 4/02 10:30am-12:30pm Sa \$30**  
**3626.202 8yrs to 13yrs 4/16 10:30am-12:30pm Sa \$30**

## CAPTURE THE ESSENCE OF A PLACE

We'll discuss how to prepare for and research a destination to photograph. I'll outline the importance of creating a shot list that includes architecture, people, markets, dining and establishing shots. This class complements Basic Travel Photography. No camera necessary for class. \$20 material fee due at first class - includes book.

Rodgers Senior Center Game Room Velasco, Ralph  
**4812.201 Adult 4/05 6:30pm-9:00pm Tu \$45**

## COOKING: FUN WITH SUSHI

Create your own sushi bar at home for your friends and family. Learn to make miso soup, California roll, massago, maguro, sake, Japanese omelet, spicy tuna and more. Preparation supplies will be available in class. Bring a sharp knife. \$10 material fee due at first class.

Edison Community Center Hall C&D Berg, April  
**3621.200 16yrs to Adult 4/05 6:30pm-9:30pm Tu \$35**

## COOKING: VICTORIAN TEA

Host that shower, birthday or garden party in high style with high tea. You'll learn about different teas and their origin, place settings, and a vast variety of tea sandwiches. You will also learn to make scones, lemon curd and authentic English trifle. \$10 material fee due at first class.

Edison Community Center Hall C&D Berg, April  
**3632.200 16yrs to Adult 5/24 6:30pm-9:30pm Tu \$35**

## CPR: AMERICAN HEART ASSOCIATION

Individuals will be trained to give basic life support to an adult, child and infant. Upon completion, you will receive a card stating your successful completion of the course, and mailed a two-year AHA CPR certificate. The Heartsaver Class is equivalent to an A/B card. \$5 material fee due at first class.

Edison Community Center Hall C&D Zimmerman, Lila  
**3617.200 11yrs to Adult 4/23 9:00am-1:00pm Sa \$40**  
**3617.201 11yrs to Adult 5/28 9:00am-1:00pm Sa \$40**

Murdy Community Center Game Room Zimmerman, Lila  
**3618.200 11yrs to Adult 4/09 9:00am-1:00pm Sa \$40**  
**3618.201 11yrs to Adult 5/14 9:00am-1:00pm Sa \$40**  
**3618.202 11yrs to Adult 6/11 9:00am-1:00pm Sa \$40**

## Parks & Recreation...

*"Stimulate the Mind"*

...The Benefits Are Endless

## One-Day Workshops

### CREATIVE WRITING: CHARACTER BUILDING

Murdy Community Center Game Room Welfringer, Sue  
How do authors make imaginary people come alive on the page? This creative writing workshop is designed to help young writers breathe more life into their stories by exploring the elements of characterization. Come prepared to make stuff up.

3656.200 9yrs to 14yrs 5/07 9:00am-11:00am Sa \$25

### CREATIVE WRITING: FIGURATIVELY SPEAKING

Are you busy as a bee or stubborn as a bull? This workshop focuses on how writers use figurative language to create meaningful images in their stories. We'll practice techniques in class with exercises and then write our own original prose and poetry. Come prepared to make stuff up.

Murdy Community Center Game Room Welfringer, Sue  
3655.200 9yrs to 14yrs 4/02 9:00am-11:00am Sa \$25

### STREET BICYCLING SKILLS

Learn how to drive your bike safely, legally and confidently in traffic. Includes crash avoidances techniques on bike skills and bike safety checks. For experienced cyclists and excellent for beginners. Thursday evening classrooms session is followed by a Saturday "on bike" skills development session (Sat 9am-1pm). Bike and helmet required for Saturday session only.

Edison Community Center Game Room Powers, James  
3644.203 14yrs to Adult 6/16-6/18 6:00pm-9:00pm Th Sa \$39

Murdy Community Center Game Room Powers, James  
3644.202 14yrs to Adult 3/31 4/2 6:00pm-9:00pm Th Sa \$39

### MAD SCIENCE: NO PARENTS ALLOWED SCIENCE NIGHT

No Parents Allowed. Enjoy a night out and leave your kids with Mad Science. Your child will enjoy hands-on experiments, spectacular demonstrations and will make and take home a science activity. We will provide dinner and a snack. All children must be potty trained. \$5 materials fee payable at 1st class.

Murdy Community Center Hall A Broderick, Jay  
3654.200 3yrs to 12yrs 5/21 5:00pm-9:00pm Sa \$35



No class May 30

## Preschool Classes



### WEE FOLK PRESCHOOL

A program designed to keep your child active, involved and playing with others. Tots will explore music, rhythm, and arts, motor skills and more. A fun - filled morning of social development and self-esteem builders. MUST BE THREE YEARS OLD BY 9/8/09 AND POTTY TRAINED. Snack fee of \$25 due at first class. Public school holidays will be observed.

Edison Community Center Hall C&D Shurts, Nancy  
6201.101 3yrs to 3yrs 4/05-6/09 9:00am-12:00pm Tu Th \$225

### LITTLE FOLK PRESCHOOL

This class provides an opportunity for social, physical, emotional, and language development through arts, music, science, storytime and more. We reinforce a positive self-image and make school a fun experience. MUST BE FOUR YEARS OLD BY 12/2/09. Snack fee of \$25 due at first class. Public school holidays will be observed.

Edison Community Center Hall C&D Shurts, Nancy  
6203.101 4yrs to 5yrs 4/04-6/10 9:00am-12:00pm M W F \$299

### LITTLE FOLK EXTENDED PRESCHOOL PROGRAM

The focus of this program will be on skills needed to better prepare your child for kindergarten. This class will provide learning activities to improve your child's academic development and strengthen social skills. Your child MUST be eligible to attend kindergarten in the fall (5 years old by 12/2/11). This class may be taken along with the morning class (MWF 9:00-12:00) or taken separately. Lunch arrangements can be made if you wish to enroll your child in both classes. Please see instructors for details. A snack fee of \$25 is due first class session. Present copy of birth certificate first class.

Edison Community Center Hall C&D Shurts, Nancy  
8277.101 4yrs to 5yrs 4/04 6/10 12:30pm-3:00pm M W F \$285