

Spring  
2012

# City News

## Huntington Beach

### 2012 Huntington Beach City Junior Lifeguard Program

#### 20th Annual On Course Golf Tournament

The Huntington Beach Council on Aging invites you to take part in their 20th annual **On Course Golf Tournament, Friday, June 22, 2012; shotgun start at 12:30 PM.** A buffet awards dinner with raffles, auctions and other fun activities as well as a no host bar, will immediately follow the tournament at approximately 6:00 p.m. The proceeds from this tournament help to support seniors and their families through many beneficial programs offered by the Michael E. Rodgers Seniors' Center and Huntington Beach Seniors Outreach Center. Senior Services provides a wide variety of services, classes, activities and clubs designed to support seniors in staying healthy, active and independent. For further golf and sponsorship information, visit [www.hbcoa.org](http://www.hbcoa.org), or call Rodgers Seniors' Center at 714-536-9387.

The program's main focus is to expose the youth of our community to the ocean environment and to teach them techniques that they can use while in that environment. This is done by using beach and ocean activities as well as classroom lectures. These techniques that are learned by the students will build a foundation for them that will enable them to use our ocean and beaches for the rest of their lives.

#### Important information

- **Monday-Friday, June 25 through August 16, 2012**

Morning Session 8:30 am to 12:00 Noon  
Afternoon Session 1:00 pm to 4:30 pm

- Open to boys and girls ages 9 through 17 (as of July 1, 2012). Applicants must possess a basic swimming ability to be able to pass the following prerequisite exams:
  - Swim 100 yards in less than 1 minute & 50 seconds
  - Tread water for five minutes
  - Swim underwater for approximately 10 yards

- Location to be announced at a later date on our web site;  
[www.juniorguard.com](http://www.juniorguard.com)

Saturday	May 05, 2012	8:00 am to 12:00 Noon
Saturday	May 12, 2012	8:00 am to 12:00 Noon
Saturday	May 19, 2012	8:00 am to 12:00 Noon
Sunday	May 20, 2012	8:00 am to 12:00 Noon

Parents will be given all necessary information about registration after a successful tryout by the applicant.

Our phone number is 714-374-1501

H.B. JUNIOR GUARD PROGRAM  
103 Pacific Coast Hwy.  
Huntington Beach, CA 92648



## THE AGE WAVE Are You Ready For The Ride?

**CIVIC ENGAGEMENT IS THE KEY TO  
THE FUTURE OF VOLUNTEERISM**

The class is free come join us and learn about the following:

- Myths and Realities of Aging
- Basic Communication & Active Listening
- Understanding the Grieving Process
- Signs & Symptoms of Abuse
- Special Needs of the Homebound Elderly
- The Aging Network & Community Resources

Starts: Wednesday, February 29-March 28, 2012  
For five weeks  
Time: 9:00-11:30am  
Fee: Free

Contact: Diane Swarts, Volunteer Services Coordinator, (714) 374-1544 for additional information or to enroll

## Volunteers Being Sought for Ol' Fishin' Hole Fishing Derby for Exceptional Youth

Volunteers are being sought to help the Kiwanis and City of Huntington Beach with their Ol' Fishin' Hole Fishing Derby on May 4, 2012, from 8:30 a.m. to 1:00 p.m. at Chris Carr Park, Springdale and Heil Avenue in Huntington Beach. Lunch will be provided by the Huntington Beach Kiwanis. Many of these youth with special needs are fishing for the first time, and many are returning participants who look forward to this event every year!

To sign up as a volunteer, call Diane Swarts in HB Senior Services at 714-374-1544.

For more information on the event, call Chris Slama at 714-374-1710.

## Supporting the Children's Library with Taste

**V**oted "One of the best events in Huntington Beach!" Mark your calendars for the Taste of Huntington Beach to be held on Sunday, April 29, 2012, noon to 4:00 pm. At this all-inclusive event you will enjoy unlimited tastes from local eateries, samples of premium California wineries and breweries, listen and dance to live entertainment, and have the opportunity to bid on silent auction baskets. Proceeds from this annual fundraiser benefit the Children's Department of the Huntington Beach Public Library. Since 2002, Friends of the Children's Library and the HB Restaurant Association have raised over \$300,000.

Pre-sale tickets will available March 1, 2012, for \$55 each. VIP admission is \$75 and includes general admission, champagne and hors d'oeuvres in an exclusive area from 11:00 am to noon, bonus raffle entries, a commemorative wine glass and tote. Regular tickets will be available April 1, 2012. The event will be located at the Huntington Beach Sports Complex, 18100 Goldenwest Avenue near The Central Library. This event is held rain or shine; no refunds.

For additional information and to purchase tickets, go to [www.tastehb.com](http://www.tastehb.com).

# Protect Yourself and Your Family with FireMed



The FireMed Program is an official voluntary membership program of the Huntington Beach Fire Department. Since 1990, FireMed has enhanced the department's ability to answer the community's call for help by providing the funding for additional paramedics, advanced training, emergency transportation vehicles and lifesaving medical equipment.

Even though the Huntington Beach Fire Department charges for paramedic assessment, medical treatment and emergency ambulance services, you can protect your family from these unexpected costs by joining the FireMed Program. As a member, you receive benefits such as no-out-of-pocket cost for paramedic and emergency ambulance service provided by the Huntington Beach Fire Department, coverage for your entire family anywhere in the City, coverage for guests at your residence, the Emergency Information Program and free CPR classes.

There is no guarantee that your health insurance will cover the full cost of paramedic treatment and emergency ambulance transportation. You will be responsible for any unpaid balance, whether it is a co-pay, a deductible or a denial. However, a FireMed membership will protect you from these out-of-pocket costs and costs just \$60 a year for your entire household.

Learn more about the FireMed Program by calling 714-374-1598 or visit the FireMed website at [surfcity-hb.org/firemed](http://surfcity-hb.org/firemed).



## Shipley Nature Center

### Planet Water – March 24 at 1 pm

Fun for the whole family. Learn how to protect our most precious resource, **WATER**, for us and for our wildlife. Hands-on activities – stories – puppets – tours – exhibits.

### Composting Seminars

Mark your calendars for **April 21 at 2 pm** or **May 19 at 9 am** to learn all about Composting and Vermicomposting. Learn how to turn kitchen scraps and backyard cuttings into "black gold." Those valuable resources available to you everyday that you might be throwing away can be made into rich, organic home compost.

### Open House at Shipley – Saturday, April 21, 9 am to 2 pm.

Come and join in the fun. Nature exhibits, crafts for children, and the California Native Plant Sale. Learn about Monarch Butterflies. Children are invited to participate in the Maypole dance and parade. Guided tours through the California Native Plant Gardens and habitats.

See [www.shipleynature.org](http://www.shipleynature.org) for all event details.

Visit Shipley Nature Center and enjoy the essence of nature in an urban setting.  
17851 Goldenwest St.  
714-842-4772.  
Open Monday-Saturday,  
9 am to 1 pm.



# Green Thumb, Blue Ocean

## The Ocean Begins at Your Front Door

**Y**ards throughout our community are vibrant with beautiful flowers and green lawns – but let's not forget about our blue ocean. Many common yard care activities could lead to water pollution, but by simply changing one or two individual practices in our yards, we can help reduce urban runoff and improve the health of our waterways.

Urban runoff occurs when excessive water from irrigation carries litter, lawn clippings, motor oil, pet waste, and other pollutants into the storm drain. Unlike water that enters the sewer (from sinks and toilets), water that enters the storm drain is not treated before entering our waterways.

When urban runoff flows from your property, it can carry pollutants in its path down the storm drain where it flows untreated directly to our creeks, rivers, bays, beaches and ocean. This includes fertilizer, pesticides and trimmings from your yard, and oil and litter from our streets. To reduce and prevent pollutants from entering the storm drain, follow these simple tips:

- Follow directions when applying fertilizers or pesticides, and never water directly after applying them, unless directed by the manufacturer. Do not apply fertilizers or pesticides when a rain storm is predicted within the next 48 hours.
- Control pests using Integrated Pest Management (IPM) practices. Access free IPM information at [www.ipm.ucdavis.edu](http://www.ipm.ucdavis.edu)

or call the UCCE Master Gardener hotline at (714) 708-1646 for gardening questions.

- Sweep up all cut grass, trimmings, leaves, and dispose of them as green waste.
- Clean up automotive fluid leaks by absorbing them with dry absorbent material, sweep it up and dispose of it in the trash.
- Pick up pet waste and dispose of it in the trash or toilet.
- Do not litter, including cigarette butts – trash and debris harm marine life.
- Properly dispose of hazardous waste at Rainbow Disposal. [www.rainbowdisposal.com/hhw.php](http://www.rainbowdisposal.com/hhw.php)
- Volunteer to help with or organize a clean-up event. For information about clean-up events, visit [www.trails4all.org](http://www.trails4all.org) or [www.coastal.ca.gov](http://www.coastal.ca.gov).



Do your part! Remember, the Ocean Begins At Your Front Door. For more information about what you can do to prevent water pollution or to report a water pollution problem, contact the City of Huntington Beach's Stormwater Pollution Prevention Program at 714-536-5431.

## Beach Information



**City Beach:** Encompassing 3.5 miles from Beach Boulevard to the west city limits, the city boasts one of the world's finest beaches. The beachfront includes the municipal pier, food and rental concessions, restrooms, showers, volleyball nets, fire rings, and a 2,200 space beach parking lot plus additional parking on Pacific Coast Highway and adjacent streets. New buildings on the municipal pier, a new Visitors Kiosk at Pier Plaza, and new restrooms along Blufftop Park north of the Pier will enhance beach visits for both residents and visitors. Lifeguard service is provided during daylight hours 365 days a year. The number and location of lifeguards on duty varies depending on season, weather and surf conditions. Please note posted signage for information. Curfew is 10:00 pm to 5:00 am and is strictly enforced. Beach Headquarters: 103 Pacific Coast Highway. Office hours: Monday-Friday, 8:00 am - 5:00 pm. Phone: 714-536-5281 Emergencies: call 911.

For information on Municipal Beach Parking Pass, Main Promenade Parking Structure, Day Use Parking, Pier Plaza Parking, and Sunset Vista RV Park, please visit [www.surfcity-hb.org/visitors/parking/](http://www.surfcity-hb.org/visitors/parking/) or call 714-536-5281.