

Tot Classes

SPORTS: SKYHAWKS MINI HAWK

This baseball and basketball program gives 4 to 7 year-olds a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Each child receive a t-shirt and a merit award.

Skyhawks Sports, Academy Inc Murdy Community Center
Basketball Courts

6368.400	4yrs to 7yrs	9/19 - 10/17	4:00pm-5:00pm	W	\$59
6368.401	4yrs to 7yrs	11/7 - 12/5	4:00pm-5:00pm	W	\$59

SPORTS: SKYHAWKS TINY HAWK MULTI-SPORT

The essentials of tee ball and basketball are introduced in a fun, safe environment with lots of encouragement. Campers must be between 3 and 5 years of age and toilet in order to participate. Children will learn balance, body movement, hand/eye coordination, and skill development through a series of sports-specific games.

Skyhawks Sports, Academy Inc Murdy Community Center
Basketball Courts

6373.400	3yrs to 5yrs	9/20 - 10/18	10:00am-10:45am	Th	\$59
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TIPPI TOES MUSIC & MOVEMENT

As seen on ABC's Shark Tank!! Tippi Toes cheerfully provides children with a fun, positive and nurturing environment so they can experience the joys of dance, self-expression and movement. This class will develop motor skills and the imagination, while enhancing each child's self-esteem. Parent show at end of session!

Tippi Toes Murdy Community Center Hall B

6359.400	3yrs to 6yrs	9/11 - 11/27	11:00am-11:45am	Tu	\$95
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Tippi Toes City Gym Room A

6372.400	3yrs to 6yrs	9/15 - 11/17	11:00am-11:45am	Sa	\$95
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TIPPI TOES MUSIC & MOVEMENT: PARENT & ME

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging supporting and keeping the little dancer on track.

Tippi Toes Murdy Community Center Hall B

6360.400	1yrs 6mths to 3yrs	9/11 - 11/27	10:15am-10:45am	Tu	\$85
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Tippi Toes City Gym Room A

6371.400	1yrs 6mths to 3yrs	9/15 - 11/17	9:30am-9:55am	Sa	\$85
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TIPPI TOES PRINCESS: MUSIC & MOVEMENT

With songs like "Put'n on my Make-up" & "Pink High Heels" your little dancer will leave class covered in sparkles while she leaps and twirls! Our instructor in full Princess Character will use dance, imagination and Tippi Toes music to make class a magical experience! Performance at end of session.

Tippi Toes Murdy Community Center Hall A

6361.400	2yrs to 6yrs	9/10 - 11/26	3:30pm-4:15pm	M	\$95
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Tippi Toes City Gym Room A

6370.400	2yrs 6mths to 6yrs	9/15 - 11/17	10:00am-10:45am	Sa	\$95
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Parks & Recreation... "Builds Confidence"

...The Benefits Are Endless

Youth Classes

ACTIVE SCHOLARS: HOMEWORK POWER HOUR!

Stay on top of your reading, math, and homework skills all year! Credentialed teachers will assess scholars and focus on level appropriate reading fluency and comprehension, fundamental math, and homework questions. Scholars will participate in hands-on activities to reach their individual learning goals. No class 11/1, 11/20 and 11/22.

Kunze, Rosemary Murdy Community Center Game Room

5343.400	Grades 3-5	9/11 - 10/18	4:00pm-5:00pm	Tu Th	\$96
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5343.401	Grades 6-8	9/11 - 10/18	5:00pm-6:00pm	Tu Th	\$96
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5343.402	Grades 3-5	10/23 - 12/6	4:00pm-5:00pm	Tu Th	\$88
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5343.403	Grade 6-8	10/23 - 12/6	5:00pm-6:00pm	Tu Th	\$88
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ART: ART EXPLORATIONS

In this beginning art class, students will combine fun drawing exercises and creative painting projects to build skills in young artists. The different elements of art will be introduced through a variety of media such as acrylic on canvas, pastels, charcoal, watercolor and more. Emphasis is placed on techniques as students explore the work of famous artists and create their own masterpieces. All material and aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio

5333.401	6yrs to 12yrs	10/11 - 11/1	3:30pm-4:45pm	Th	\$85*
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*HBAC Members \$77

ART: CLAY ADVENTURES

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring and slab building. We will decorate them with under glazes. Different projects each week. All pieces will be glazed and fired. Aprons will be provided. \$20 material fee due at first class.

Henry, Lucia Art Center Studio

5200.401	6yrs to 12yrs	9/13 - 10/4	4:00pm-5:15pm	Th	\$81*
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*HBAC Members \$73.50

ART: DRAWING FUNDAMENTALS

Students will learn the fundamentals of drawing, such as contour, shading, perspective, portraiture and composition, to make works of art that express both observation and imagination. We will use a mix of media including pencil, India ink, charcoal and watercolor. All levels welcome. Material list. \$5 material fee due at first class.

Oquist, Courtney L Art Center Studio

4818.401	7yrs to 12yrs	9/13 - 10/18	5:15pm-6:30pm	Th	\$86*
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4818.402	7yrs to 12yrs	10/25 - 12/6	5:15pm-6:30pm	Th	\$86*
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*HBAC Members \$78

ART: ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills. Returning students will begin to learn layout and design. Beginners will learn how to draw characters. Limited enrollment. Material fee of \$30 is payable to instructor at first class which covers all supplies. Pre-registration is required. All material are provided.

Kent, Pati L Art Center Studio

3600.401	7yrs to 12yrs	9/11 - 9/25	4:30pm-5:30pm	Tu	\$54*
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3600.402	7yrs to 12yrs	10/23 - 11/6	4:30pm-5:30pm	Tu	\$54*
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3600.403	7yrs to 12yrs	11/20 - 12/4	4:30pm-5:30pm	Tu	\$54*
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*HBAC Member \$49

Register Online! www.hbsands.org

Youth Classes

ART: INTRO TO PAINTING FOR KIDS

Exploring various painting and printmaking techniques, students will use a variety of wet media, including inks, watercolor, tempera and acrylic to make works of art that build paint-handling techniques while exploring creativity, aesthetics and personal expression. Material List. Pre-registration required. \$12 studio material fee. No class 11/22.

		Oquist, Courtney L		Art Center Multipurpose Room	
5329.401	7yrs to 12yrs	9/13 - 10/18	3:15pm-4:30pm	Th	\$86*
5329.402	7yrs to 12yrs	10/25 - 12/6	3:15pm-4:30pm	Th	\$86*

*HBAC Member \$78

ART: M.A.D PRESENTS: "WE BE FREE"

Young artist will rub elbows with famous artist such as; Monet, Michelangelo, Pollack, Kandinsky and more. Most importantly they will discover and set free the little artist within. Engaging in water colors, clay sculptures, murals, painting, texture, pastels, chalk and more. \$10 material fee due at first class. No class 11/22.

		M.A.D., Studio HB		Murdy Community Center Hall A	
5356.400	6yrs to 10yrs	9/13 - 10/18	3:30pm-4:30pm	Th	\$70
5356.401	6yrs to 10yrs	11/1 - 12/6	3:30pm-4:30pm	Th	\$60

ART: M.A.D PRESENTS: CONNECTING WORLDS THRU PAINT

The art class is geared for children with Autism and special needs. We Be Free curriculum teaches children about famous artist, technique and medium. We give them the freedom to create their own masterpieces and their art a voice. We guide and encourage through all development. No class 11/22.

		M.A.D., Studio HB		Murdy Community Center Hall A	
5357.400	6yrs to 12yrs	9/13 - 10/18	11:30am-12:30pm	Th	\$70
5357.401	6yrs to 12yrs	11/1 - 12/6	11:30am-12:30pm	Th	\$60

ART: PENCILS PAINTS PASTELS AND MORE

Come join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Class will end with an art show. No class Nov 22. Material list.

		Kent, Pati L		Art Center Studio	
5205.401	7yrs to 12yrs	9/11 - 10/9	3:15pm-4:15pm	Tu	\$84*
5205.402	7yrs to 12yrs	10/23 - 11/27	3:15pm-4:15pm	Tu	\$84*

*HBAC Member \$76

ART: PLAYGROUND

Children/siblings can explore their own artistic abilities in our free-flowing playground of art stations. Create masterpieces including wood crafts, canvas, paper projects and our exciting "Buried Treasure." Parent participation required for 4 and 5 year olds. Wear painting clothes. \$15 material fee due at first class.

		Easel Does It, Tracy Gohl		Lake Park Clubhouse, 1035 11th Street	
5207.401	4yrs to 9yrs	9/17 - 11/5	3:45pm-4:30pm	M	\$77

CHEERLEADING

GO! CHEER! GO! Learn basic cheers, chants, dance movements, and jumps in this fun cheerleading class! Students develop rhythm, flexibility and coordination in this exciting sport. Cheerleading builds teamwork and cooperation - Bring a friend and learn to cheer! Parents are invited to watch the last class of the session. \$1 material fee due at first class.

		Huntington Academy of Dance		Murdy Community Center Game Room	
5336.400	7yrs to 12yrs	9/10 - 11/12	5:30pm-6:30pm	M	\$105

CHESS

Learn to play chess or improve your chess skills! Come whether you are brand new or an experienced player. A U.S. Chess Federation chess coach and referee will teach you the basic moves, chess tactics, strategies, and the official rules of tournament level chess. Class tournament on final day with awards.

		Bullock, James P		Murdy Community Center Hall C	
5210.400	6yrs to 14yrs	9/17 - 11/5	4:00pm-5:30pm	M	\$90
		Bullock, James P		Game Room Edison Community Center	
5211.400	6yrs to 14yrs	9/18 - 11/6	5:15pm-6:45pm	Tu	\$90

CHINESE: I SPEAK CHINESE

Students develop understanding of Chinese language and culture with themes relevant to their daily lives. Class incorporates fun and culturally enriching songs, rhymes, games, and crafts. Students learn simple writing and interesting tidbits about origin and evolution of Chinese characters. Parent participation welcomed. \$10 material fee due at first class. No class 11/22.

		OC First Language Academy		City Gym Room B	
4515.400	6yrs to 12yrs	9/20 - 10/18	4:30pm-5:15pm	Th	\$68
4515.401	6yrs to 12yrs	10/25 - 11/29	4:30pm-5:15pm	Th	\$68

CHINESE: I SPEAK CHINESE TOO

Class is for those continuing with the series. Students will learn to speak better Chinese through new stories, songs, rhymes, and games while incorporating previous material. The spiral-up approach helps language retention. Class empowers students with knowledge and confidence to explore Chinese language and culture. Material fee \$20 due at first class (sibling discount \$5 applied on second child). No class 11/12 & 11/22.

		OC First Language Academy		City Gym Room B	
5345.400	6yrs to 12yrs	9/17 - 11/29	3:15pm-4:30pm	M Th	\$228
5345.401	6yrs to 12yrs	12/3 - 12/20	3:15pm-4:30pm	M Th	\$88

COMPUTERS: DISCOVERY KIDS PUTERBUGS

Watch your child go from tapping and typing to reading and writing. Discovery Kids Puterbugs prepares children 7 and younger with today's Top 100 Tech Skills, starting with the letters of the keyboard. Features small class size, personal attention, and exclusive access to continue the fun and learning online at home! No Class Monday Nov 12.

		Little Hands, Megabytes		City Gym Conference Room	
5364.400	5yrs to 7yrs	9/10 - 10/15	3:00pm-4:00pm	M	\$156
5364.401	5yrs to 7yrs	10/22 - 12/3	3:00pm-4:00pm	M	\$156

CREATIVE WRITING: WHERE KIDS GO TO MAKE STUFF UP

First, your wild imagination creates a likeable character. Next, you give your character a problem and challenge him or her (or it!) to solve it. It's all about Making Stuff Up! At MSU Academy, young writers learn creative writing tricks and have fun writing, just for the fun of it!

		Welfringer, Susan K		Murdy Community Center Game Room	
4516.400	8yrs to 12yrs	11mths	9/17 - 11/5	4:00pm-5:15pm	M \$99



Youth Classes

DANCE: BALLET

Challenge your child to develop rhythm, strength and coordination the fun way! In ballet class, boys and girls learn ballet positions, jumps, turns, and dances using French vocabulary. Ballet attire required. \$1 material fee due at first class. No class 10/31

Huntington Academy of Dance Murdy Community Center Hall B
5212.400 6yrs to 8yrs 9/10 - 11/12 4:00pm-5:00pm M \$105

Huntington Academy of Dance Edison Community Center Hall B
5213.400 5yrs to 7yrs 9/15 - 11/17 11:00am-12:00am Sa \$105

Huntington Academy of Dance City Gym Room A
5214.400 5yrs to 7yrs 9/13 - 11/15 4:30pm-5:30pm Th \$105

Huntington Academy of Dance 16601 Gothard St., Suite A
5316.400 8yrs to 12yrs 9/12 - 11/14 6:30pm-7:30pm W \$95

DANCE: CONTEMPORARY

Love the moves on So You Think You Can Dance? Contemporary dance style incorporates movements of ballet, jazz, and modern with great music and personal expression. Learn the basic of contemporary, stretches, leaps and turns in the FUN class! Dance attire required.

Huntington Academy of Dance 16601 Gothard St., Suite A
5340.400 12yrs to 16yrs 9/11 - 11/13 6:30pm-7:30pm Tu \$105

DANCE: HIP HOP

Learn some of MTV's hottest moves, with certified instructor, Charletta Fry. You'll be movin' and groovin' to the latest beats and keep the excitement alive! Hip Hop with Jazz influence will be made easy and fun. Come see what Hip Hop is all about. Boys welcome. No class Nov. 12 & one week off, date TBA.

Fry, Charletta R City Gym Room A
5218.400 5yrs to 7yrs 9/10 - 11/19 4:15pm-5:15pm M \$100
5218.401 8yrs to 11yrs 9/10 - 11/19 5:15pm-6:15pm M \$100

DANCE: HIP HOP

Hip Hop Hooray! Ho! Boys and girls will get their groove on hip hoppin' to high energy music with funky dance moves! Hip hop introduces students to the rhythmic urban style of popping, locking, and gliding. Parents delight in our family friendly music and movements while kids have a blast and bust-a-move! Bring a friend and try your first class for free! No class October 31.

Huntington Academy of Dance Game Room Edison Community Center
5351.400 7yrs to 12yrs 9/12 - 11/14 4:30pm-5:30pm W \$95

DANCE: YOUTH HULA

Get moving to the rhythms of the South Pacific Islands ! From Hawaiian Hula to Tahitian Ori, your child will build confidence and showmanship. Class ends with a luau and performance.

Seanoa, Melody A Art Center Multipurpose Room
5221.401 7yrs to 13yrs 9/11 - 10/16 5:00pm-6:00pm Tu \$66*
5221.402 7yrs to 13yrs 10/23 - 12/4 5:00pm-6:00pm Tu \$76*

*HBAC Member \$60/\$70

DANCE: TAP

Students will learn how to keep time and stay in beat with music. Tap dancing is a great way to improve coordination, rhythm, and athletic agility. Boys and girls love making NOISE with their feet! Dance attire, please. Annual recital June 23 & 24. Additional fees apply. Details will be given at first class.. No class 10/31.

Huntington Academy of Dance 16601 Gothard St., Suite A
5330.400 7yrs to 12yrs 9/12 - 11/14 4:30pm-5:30pm W \$105

GOLF: BEGINNING GROUP GOLF LESSONS

Enjoy the game for a lifetime. Learn the basic fundamentals involved in short game, full swing, learn basic rules and etiquette. Classes taught at Meadowlark Golf Course, 16782 Graham St Equipment available. Class Taught by Darren Ernst and staff.

FORE Golf, Management, LLC Meadowlark Golf Course
5228.400 7yrs to 17yrs 9/11 - 10/2 4:00pm-5:00pm Tu \$99
5228.401 7yrs to 17yrs 10/23 - 11/13 4:00pm-5:00pm Tu \$99
5228.402 7yrs to 17yrs 9/15 - 10/6 12:30pm-1:30pm Sa \$99
5228.403 7yrs to 17yrs 10/27 - 11/17 12:30pm-1:30pm Sa \$99

GRANDPARENT & ME: DISCOVERY KIDS PUTERBUGS

Now grandparents and grandchildren can learn the computer together! Using today's Top 100 Tech Skills, Discovery Kids Puterbugs features a fun new technology mission for the pair to solve each week. Small class size, personal attention, off-computer activities, and exclusive access to online content from home. All skill levels welcome! No class 11/21.

Staff, Recreation Rodgers Senior Center Computer Lab
5367.400 3yrs to 8yrs 9/12 - 10/3 1:30pm-2:30pm W \$100
5367.401 3yrs to 8yrs 9/12 - 10/3 3:00pm-4:00pm W \$100
5367.402 3yrs to 8yrs 10/10 - 10/31 1:30pm-2:30pm W \$100
367.403 3yrs to 8yrs 10/10 - 10/31 3:00pm-4:00pm W \$100
5367.404 3yrs to 8yrs 11/7 - 12/5 1:30pm-2:30pm W \$100
5367.405 3yrs to 8yrs 11/7 - 12/5 3:00pm-4:00pm W \$100

GYMNASTICS: CHEER-NASTICS

Students have fun while safely learning cheers & stunting techniques plus gymnastic skills great for all levels. Cartwheels, round-offs, backbends, walkovers, splits, rolls, jumps, beam and back-handsprings barrel are taught by an experienced instructor. Progressive skill level instruction creates success! \$2 material fee due at first class.

Tumble-N-Kids, Inc City Gym Room B
5225.400 6yrs to 12yrs 9/14 - 11/16 4:00pm-5:00pm F \$106

GYMNASTICS: JAMMIN GYMNASTICS

Girls and boys of all levels learn age-appropriate gymnastics skills, coordination and strength development. Experienced coaches introduce cartwheels, round-offs, rolls, handstands, backbends, beam, trampoline, back-handspring barrel and more. Obstacle courses and music make learning fun, while progressive skill instruction creates confidence and success preparing kids for all sports! \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall B
5331.400 4yrs to 6yrs 9/13 - 11/15 3:00pm-4:00pm Th \$106
5331.401 7yrs to 14yrs 9/13 - 11/15 4:00pm-5:00pm Th \$106

Tumble-N-Kids, Inc Edison Community Center Hall A
5327.400 4yrs to 7yrs 9/15 - 11/17 11:50am-12:50pm Sa \$106

GYMNASTICS: KARTWHEEL-N-KIDS

Girls and boys learn gymnastics skills including: cartwheels, rolls, jumps, handstands, bridge/backbends, beams, handspring barrel, trampoline and more. We focus on beginning tumbling skills incorporating music, obstacle courses and fun. Progressive skill level instruction creates confidence and success. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall A
5227.400 4yrs to 6yrs 9/11 - 11/13 2:45pm-3:45pm Tu \$106

Tumble-N-Kids, Inc City Gym Room B
5293.400 4yrs to 6yrs 9/14 - 11/16 3:00pm-4:00pm F \$106

Youth Classes

GYMNASTICS: PLUS

This class offers girls and boys gymnastic skills plus music, fun and great exercise! Experienced coaches safely teach all levels. Students learn cartwheels, round-offs, backbends, splits, balance beams, back-handsprings and more. Progressive skill level instruction creates confidence, success and prepares kids for all sports. \$2 material fee due at first class.

Tumble-N-Kids, Inc Murdy Community Center Hall A
5226.400 6yrs to 12yrs 9/11 - 11/13 3:45pm-4:45pm Tu \$106

Tumble-N-Kids, Inc Edison Community Center Hall A
5297.400 6yrs to 12yrs 9/12 - 11/14 3:40pm-4:40pm W \$106

KARATE: JUNIOR TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence and discipline. Uniforms will be made available for purchase from instructor. No class Nov 12 and 22.

Tillehkooh, Kiavash City Gym Room B
5229.400 6yrs to 9yrs 9/10 - 11/19 5:45pm-6:30pm M \$175
5229.401 6yrs to 9yrs 9/11 - 11/20 5:45pm-6:30pm Tu \$175
5229.402 6yrs to 9yrs 9/12 - 11/21 5:45pm-6:30pm W \$175
5229.403 6yrs to 9yrs 9/13 - 11/22 5:45pm-6:30pm Th \$175

KARATE: TAE KWON DO

Develop coordination, improve balance, and achieve total fitness and self-defense while increasing self-confidence. Uniforms will be available for purchase from instructor. No class Nov 12 and 22.

Tillehkooh, Kiavash City Gym Room B
5231.400 10yrs to 17yrs 9/10 - 11/21 6:30pm-7:15pm M W \$195
5231.401 10yrs to 17yrs 9/11 - 11/15 6:30pm-7:15pm Tu Th \$195
5231.402 10yrs to 17yrs 9/10 - 11/20 6:30pm-7:15pm M Tu \$195
5231.403 10yrs to 17yrs 9/12 - 11/15 6:30pm-7:15pm W Th \$195
5231.404 10yrs to 17yrs 9/10 - 11/15 6:30pm-7:15pm M Th \$195

KARATE: PRACTICAL MARTIAL ARTS

Our system combines the foundations of traditional martial arts which instills a sense of respect, self-confidence, and focus; and adds to that a modern flavor of training. We combine the striking involved in Muay Thai, and Boxing - the groundwork of Jiu-Jitsu, and the throws and takedowns trained in Wrestling and Judo. Belt Advancement is Available. No class 9/22.

Betance, Justin Murdy Community Center Hall B
5232.400 5yrs to 10yrs 9/13 - 11/17 5:30pm-6:30pm Th \$150
8:00am-8:45am Sa
5232.401 11yrs to 16yrs 9/13 - 11/17 6:30pm-7:30pm Th \$150
8:00am-8:45am Sa

KARATE: TRADITIONAL JAPANESE KARATE-DO BEG & NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. White, orange, and blue belts only. No class November 22, 23.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A
5230.400 8yrs to 13yrs 9/13 - 12/13 5:45pm-6:30pm Th \$105
5230.401 8yrs to 13yrs 9/14 - 12/14 5:45pm-6:30pm F \$105
5230.402 8yrs to 13yrs 9/13 - 12/14 5:45pm-6:30pm Th F \$125

KARATE: TRADITIONAL JAPANESE KARATE-DO INTERMEDIATE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Blue/St, Green, Green/St, Purple, Purple/St, Red, Red/St. belts only. No class November 22, 23.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A
5257.400 8yrs to 13yrs 9/13 - 12/13 5:45pm-7:00pm Th \$130
5257.401 8yrs to 13yrs 9/14 - 12/14 5:45pm-7:00pm F \$130
5257.402 8yrs to 13yrs 9/13 - 12/14 5:45pm-7:00pm Th F \$150

KARATE: TRADITIONAL JAPANESE KARATE-DO ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Uniforms and equipment are available for purchase from instructor. Brown and black belts only. No class November 22, 23.

Wadoryu USA, Nishimura Shoji Edison Community Center Hall A
5258.400 8yrs to 18yrs 9/13 - 12/13 6:30pm-8:00pm Th \$135
5258.401 8yrs to 18yrs 9/14 - 12/14 6:30pm-8:00pm F \$135
5258.402 8yrs to 18yrs 9/13 - 12/14 6:30pm-8:00pm Th F \$155

KARATE: YOUNG CHAMPIONS

This program combines safety awareness with self-defense instruction. Students learn verbal and physical skills for self-defense against bullies and strangers. Escape maneuvers and communication skills are taught to contract threats. Safety tips are discussed each week. Students progress in rank and earn their belts. No class 11/23, 12/21, 12/28.

Young Champions Murdy Community Center Hall A
New Student - 5272.400 5yrs to 15yrs 9/21 - 1/11 5:15pm-5:55pm F \$97
Yellow Belt - 5272.401 5yrs to 15yrs 9/21 - 1/11 6:00pm-6:40pm F \$97
Orange Belt - 5272.402 5yrs to 15yrs 9/21 - 1/11 6:45pm-7:25pm F \$97
Purple Belt
& Above - 5272.403 5yrs to 15yrs 9/21 - 1/11 7:30pm-8:10pm F \$97

LITTLEST AMERICAN GIRL

Celebrate the lives of young heroines and have fun learning about significant events in America's past. Themes based on American Girl series books. Bring a doll because we will make clothes for it, have a tea party, do arts and crafts, and more.

Weissman, Robin City Gym Room B
5366.400 Grades 2-5 9/15 - 11/3 1:00pm-3:00pm Sa \$140

MAD SCIENCE: CRAZY CHEMWORKS

In this 8-week program, participants will learn about scientific concepts through the following topics; Lab Work, Junior reactors, pH Factor, Slime Time, Chem in a Flash, The Glow Show, and many others activities! All classes are hands-on, minds-on, and F-U-N! Children will create (and take home) their own Graduated gear, Black light writer and much more. \$10 material fee due at first class. No class 10/31.

Broderick, Jay Murdy Community Center Game Room
2006.400 5yrs to 12yrs 10/10 - 12/5 3:30pm-4:30pm W \$90

Broderick, Jay Edison Community Center Hall B
5233.400 5yrs to 12yrs 10/8 - 12/3 3:30pm-4:30pm M \$90

Broderick, Jay City Gym Room A
5235.400 5yrs to 12yrs 10/9 - 11/27 3:30pm-4:30pm Tu \$90

Youth Classes

MUSIC: CHILDREN'S MUSICAL THEATER

Students are taught basic theatre skills as well as vocal techniques and put them into practice in a small scale-musical play. A performance for family and friends will be held at the end of the session. No class 11/12

Kids Music N', Motion		Harbour View Clubhouse 16600 Saybrook Ln			
5332.400	5yrs to 12yrs	9/10 - 10/12	5:30pm-6:15pm	M	\$94
5332.401	5yrs to 12yrs	10/22 - 12/3	5:30pm-6:15pm	M	\$94

PERFORMING ARTS: CHILDREN'S PERFORMING CLUB OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals. No class 11/20 & 11/22.

Merdjanian, Iskui		Murdu Community Center Hall C&D			
5247.400	6yrs 6mths to 10yrs	10/2 - 11/27	5:00pm-5:45pm	Tu	\$86
5247.401	10yrs 6mths to 13yrs	10/2 - 11/27	3:30pm-4:15pm	Tu	\$86

Merdjanian, Iskui		Edison Community Center Hall B			
5248.400	6yrs 6mths to 10yrs	10/4 - 11/29	5:15pm-6:00pm	Th	\$86

SKATEBOARDING & SCOOTERING

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skate park. All participants will receive a Skatedogs T-Shirt. Requirements: A signed Skatedogs waiver form, a skateboard or scooter, knee pads, elbow pads and a helmet. No Class October 31.

Skatedogs, Adam Cohen		Sports Complex Parking Lot 18100 Goldenwest			
5260.401	6yrs to 16yrs	9/12 - 10/17	4:00pm-5:30pm	W	\$162
5260.402	6yrs to 16yrs	10/24 - 12/5	4:00pm-5:30pm	W	\$162

SKATING: ICE HOCKEY SKILLS

Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class, and three additional skating passes to be used during the 4-week session.

Westminster, Ice Mgmt LLC		Westminster ICE 13071 Springdale, Westminster			
5295.400	6yrs to 16yrs	9/26 - 10/17	6:10pm-6:40pm	W	\$37
5295.401	6yrs to 16yrs	9/29 - 10/20	10:45am-11:15am	Sa	\$37
5295.402	6yrs to 16yrs	10/24 - 11/14	6:10pm-6:40pm	W	\$37
5295.403	6yrs to 16yrs	10/27 - 11/17	10:45am-11:15am	Sa	\$37



SKATING: ICE SKATING BEGINNING

Enjoy the Winter Olympics' most beautiful sport. Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday), and three additional skating passes to be used during the 4-week session.

Westminster, Ice Mgmt LLC		Westminster ICE 13071 Springdale, Westminster.			
5271.400	6yrs to 16yrs	9/26 - 10/17	5:10pm-5:40pm	W	\$37
5271.401	6yrs to 16yrs	9/29 - 10/20	10:45pm-11:15pm	Sa	\$37
5271.402	6yrs to 16yrs	10/24 - 11/14	5:10pm-5:40pm	W	\$37
5271.403	6yrs to 16yrs	10/27 - 11/17	10:45pm-11:15pm	Sa	\$37

SKATING: OC ROLLER KIDS

A fun way to keep your kids physically fit while enjoying the outdoors and building confidence in roller skating. Students skate around the park performing various skating drills. Skaters to wear roller skates (not inlines) and protective gear- helmet, knee/ elbow pads, and wrist guards. (Contact instructor for more info).

Parra, Elena		Edison Community Center Patio			
5249.400	6yrs to 13yrs	9/29 - 10/27	10:00am-11:00am	Sa	\$55

SOCCER: COAST TO COAST SOCCER

Coast 2 Coast Soccer is the largest after school soccer program in California. Our program will include the most fun filled soccer games and world cup scrimmages. Our enthusiastic and experienced coaches will teach your child the fundamentals and great new skills your child will get a free Coast 2 Coast jersey and certificate. Most importantly, your child will have FUN!

Coast, 2 Coast		Murdu Community Center-Tour. Fields			
5294.400	6yrs to 9yrs	9/18 - 11/6	4:30pm-5:30pm	Tu	\$135
5294.401	6yrs to 9yrs	9/20 - 11/8	4:30pm-5:30pm	Th	\$135

SPANISH FOR FUN AND FOREVER

Fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez		Edison Community Center Hall B			
5252.400	5yrs to 8yrs	9/18 - 11/6	3:15pm-4:00pm	Tu	\$92

SPANISH FOR FUN AND FOREVER INTERMEDIATE

This program is fun and developmentally appropriate for children of all ages. Class is packed with visuals, songs, rhymes, movement activities and games. Children have opportunities to create language and play. Parents are welcome to attend, observe and participate. Class taught by credentialed teacher. \$5 material fee due at first class.

Blades, Murnez		Murdu Community Center Hall D			
5253.400	10yrs to 13yrs	9/17 - 11/5	4:15pm-5:00pm	M	\$92

Youth Classes

SPORTS: SKYHAWKS BASKETBALL

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. No class 11/12. Skyhawks Sports, Academy Inc



Murdy Community Center
Basketball Courts

5365.400	7yrs to 12yrs	9/17 - 10/15	5:00pm-6:00pm	M	\$59
5365.401	7yrs to 12yrs	10/29 - 12/3	4:00pm-5:00pm	M	\$59

SURFING: BEGINNER

Are you ready to take your skills to the next level? This 1-hour class is designed for beginners, and will help you improve your board riding ability, master basic skills and understand the ocean better. Must be at least 10 and proficient ocean swimmer. Boards/wetsuits can be provided.

Sharp, William S		Beach Service Center – south side of pier			
5322.400	10yrs to 16yrs	9/5 - 9/26	3:00pm-4:00pm	W	\$120
5322.401	10yrs to 16yrs	10/3 - 10/24	3:00pm-4:00pm	W	\$120
5322.402	10yrs to 16yrs	10/31 - 11/21	3:00pm-4:00pm	W	\$120
5322.403	10yrs to 16yrs	11/28 - 12/19	3:00pm-4:00pm	W	\$120

SURFING: INTERMEDIATE/ADVANCED

Do you want to take your surfing to the next level? World-renowned coach Bill Sharp will offer afternoon sessions for intermediate to advanced surfers who desire to improve their skills and learn competitive structure. Class meets for one hour, two times a week.

Sharp, William S		Beach Service Center – south side of pier			
5323.400	10yrs to 16yrs	9/4 - 9/25	3:00pm-4:00pm	Tu	\$120
5323.401	10yrs to 16yrs	10/2 - 10/23	3:00pm-4:00pm	Tu	\$120
5323.402	10yrs to 16yrs	10/30 - 11/20	3:00pm-4:00pm	Tu	\$120
5323.403	10yrs to 16yrs	11/27 - 12/18	3:00pm-4:00pm	Tu	\$120

VOLLEYBALL: JUNIOR SPIKERS INDOORS

Much like Club Volleyball, Junior Spikers will meet one day each week and learn all the elements of the game. Class will include instruction on technique, drills to reinforce, and plenty of team play. Juniors will be given a Jr. Spikers t-shirt the first day of class. No Class Monday Nov 12.

Win Win, Promotions LLC		City Gym Gymnasium			
5254.400	Grades 5-6	9/10 - 11/19	3:30pm-4:45pm	M	\$153
5254.401	Grades 7-8	9/10 - 11/19	4:45pm-6:00pm	M	\$153
5254.402	Grades 5-6	9/12 - 11/14	3:30pm-4:45pm	W	\$153
5254.403	Grades 7-8	9/12 - 11/14	4:45pm-6:00pm	W	\$153

ZUMBA - AGES 6 TO 96!

Bring your family and friends to this fun-packed Zumba class for everyone ages 6 to 96! Reap the benefits of a calorie-torching workout while you "Zumba" to fabulous Latin and International music. Increases coordination, rhythm, balance, muscle tone, aerobic fitness and fun!

Foreman, Jill E		Rodgers Senior Center Hall A			
4573.400	6yrs to 96yrs	9/11 - 10/16	6:00pm-6:50pm	Tu	\$36
4573.401	6yrs to 96yrs	10/30 - 12/4	6:00pm-6:50pm	Tu	\$36

Adult & Teen Classes

AQUA EVENING: AQUA-TONE AEROBICS

This fun and very challenging water workout class will take you to a new limit of resistance using Hydro-Tone's Water Weights. Move from shallow to deep water utilizing and concentrating on the weaker muscle groups of your body. No prerequisite for swimming ability. No equipment necessary. Questions: aquatonefitness@aol.com. No Class Friday, Nov. 23.

AquaToneFitness, Dawnette Lowry		City Gym Pool			
4311.400	16yrs to Adult	9/14 - 12/7	5:30pm-6:30pm	F	\$90

AQUATIC BODYBUILDING: HYDRO-TONE

Hydro-Tone is a unique and intense Body Building workout course. This system accommodates variable resistance of water to movement through it. Hydro-Tone Bells and Boots are designed to fit any individual who is looking for greater muscle stimulation. Equipment rental \$3 per class to be paid each class. Questions: aquatonefitness@aol.com. No Class Nov. 12 and Nov. 23.

AquaToneFitness, Dawnette Lowry		City Gym Pool			
4314.400	16yrs to Adult	9/10 - 12/3	8:15am-9:25am	M	\$114
4314.401	16yrs to Adult	9/12 - 12/5	8:15am-9:25am	W	\$123
4314.402	16yrs to Adult	9/14 - 12/7	6:45am-8:00am	F	\$114

AQUATIC EXERCISE: AQUA ACTIVE PLUS

This class is designed for people with arthritis to gently improve range of motion, strength and endurance. Participants must be able to enter and exit the pool independently. A doctor's release is recommended if you have recently had surgery. No class 11/12, 11/22 & 11/25.

Thurn, Debra		City Gym Pool			
4315.400	Adult	9/10 - 10/19	12:15pm-1:15pm	M W F	\$123
4315.401	Adult	10/22 - 12/7	12:15pm-1:15pm	M W F	\$136
4315.402	Adult	9/11 - 10/18	12:30pm-1:30pm	Tu Th	\$84
4315.403	Adult	10/23 - 12/6	12:30pm-1:30pm	Tu Th	\$91

AQUATIC EXERCISE: AQUA PILATES + AI CHI

Is designed to use the water's natural resistance to increase the body's full range of motion while stabilizing the core muscles. This mind-body workout incorporates movements based on the Pilates method, set in a healing environment of water that increases flexibility, core strength, postural alignment, and balance. No class 11/12 & 11/22-25.

Thurn, Debra		City Gym Pool			
4574.400	Adult	9/10 - 11/14	1:15pm-2:00pm	M W	\$166

AQUATIC EXERCISE: AQUA-TONE AEROBICS

This unique class improves body tone, flexibility, cardiovascular strength and physical fitness through exercises utilizing all muscle groups. This high-energy workout is twice as effective in the water as it would be on land. No prerequisite for swimming ability. Questions: aquatonefitness@aol.com. No class Nov. 12 and Nov. 22-24.

AquaToneFitness, Dawnette Lowry		City Gym Pool			
4312.400	16yrs to Adult	9/10 - 12/5	7:00am-8:00am	M W	\$181
4312.401	16yrs to Adult	9/11 - 12/6	7:00am-8:00am	Tu Th	\$181
4312.402	16yrs to Adult	9/11 - 12/6	8:20am-9:20am	Tu Th	\$181
4312.403	16yrs to Adult	9/10 - 12/3	7:00am-8:00am	M	\$90
4312.404	16yrs to Adult	9/12 - 12/5	7:00am-8:00am	W	\$95
4312.405	16yrs to Adult	9/14 - 12/7	8:20am-9:20am	F	\$90
4312.406	16yrs to Adult	9/15 - 12/8	7:00am-8:00am	Sa	\$90

Parks & Recreation...
"Elevate Personal Growth"

...The Benefits Are Endless

Register Online! www.hbsands.org