

# Become a Fire Department Volunteer

## Get Your Home and Family Prepared



In most disasters, the victim or bystander is the first to respond. Do you know what to do?

Potential impact of a 7.8 earthquake on the San Andreas Fault

### What is CERT?

CERT (Community Emergency Response Teams) is a FEMA endorsed training program that prepares you to help yourself, your family, your neighbors and your community in the event of a disaster. During an incident, emergency response personnel could become overwhelmed and resources will be limited. By becoming CERT trained, you will gain the skills to help emergency responders save lives and property. Once you have completed the training, you have the opportunity to become a Fire Department CERT volunteer.



### What Will I Learn?

In the **Save-A-Life Saturday** series, you will learn:

- How to prepare your home and family for a disaster
- How to perform basic first aid and CPR
- How to safely search a building for trapped victims and rescue them
- How to put out small fires using a fire extinguisher
- How to survive outdoors if you cannot return to your home because it is unsafe
- How to use all these skills to create a Neighborhood CERT Team



### What do CERT Volunteers do?

CERT volunteers are trained to prepare for and respond to a disaster until first responders arrive. You will be taught to manage a disaster in your home, work, neighborhood or school. After taking care of your home, family and neighborhood, you will help the city with duties such as, providing damage assessment information, sandbagging, sheltering, helping in the Emergency Operation Center (EOC), and providing support to the Fire Department and Police Department.



## CLASS 1

Emergency Management  
&

Homeland Security Office  
2000 Main Street  
Huntington Beach, CA 92648  
714-374-1565



# Huntington Beach Fire Department

## A Class 1 Fire Department

Classes are free,  
but you must register

To Register

Call the CERT Message Line  
714-536-5974

or

Register online at  
[www.SurfCity-hb.org/CERT](http://www.SurfCity-hb.org/CERT)



### Save-A-Life Saturday Schedule

The series consists of four classes that build on each other and ends with a disaster drill where you can practice what you have learned. Attend one class or all, but it is suggested you attend them in order for the greatest benefit.

#### Class 1: Disaster & Terrorism Preparedness

March 20, 2010 7:45AM to 2:00PM Civic Center

Learn what threats Huntington Beach residents face, how the City will respond in a disaster, and how you can get your home, family, neighborhood, school and/or business prepared to respond to emergencies. **Lunch Provided**

#### Class 2: Disaster First Aid (Medical Ops I & II)

April 17, 2010 7:45AM to 2:30PM Civic Center

Learn creative first aid solutions to common injuries resulting from an earthquake, or other disasters, and the ABC's of disaster first aid. Additional topics include splints, slings, treating burns, impaled objects and shock. Learn how to triage disaster victims. **Lunch Provided**

#### Class 3: Disaster Living

May 15, 2010 7:45AM to 2:30PM Civic Center

Learn how and where to set up an outdoor shelter in a disaster. Whether in your yard or at a park, you will have to care for yourself and neighbors until the Red Cross establishes indoor shelters. Learn skills such as tenting, outdoor cooking and sanitation. **Lunch Provided**

#### Class 4: Light Search & Rescue/Fire Suppression

June 19, 2010 7:45AM to 2:30PM Fire Training Center

Learn how to do a safety size-up, lift 1000+ pounds using simple leverage techniques, properly search for trapped victims, shore up an unsafe structure, and safely move the injured. Learn to use a fire extinguisher and put out a live fire, fire safety and prevention, how to shut off utilities and secure items that may cause injuries in an earthquake. Finish the class with a disaster drill that will test your newly acquired skills. **Lunch Provided**

**Note: All students are required to become CPR certified. FireMed customers can take classes for free and non-FireMed customers can take classes for a fee. For a schedule call 800-400-4277.**

Civic Center Address: 2000 Main Street Huntington Beach, 92648

Fire Training Center Address: 18301 Gothard Street



*Neighbor Helping Neighbor*