

Skills learned in gymnastics can benefit a child's overall development in a variety of ways. Tumbling classes, available through the SANDS Community Services Guide, are a fun way for kids to exercise the body, challenge the mind and develop their spirit! Tumbling can improve posture, strength, flexibility, creativity and movement. As toddlers, children start exploring movement and music, and are open to learning as much as possible. Attending a dance, cheer or tumbling class will help students understand how to control movement and energy, and will foster an environment for healthy self esteem development. We believe that providing opportunities for physical activity among youth is necessary to a healthy lifestyle, as the habits learned as a child are often carried through to adulthood. Tumbling classes are available for kids, ages 8 months to 14 years. Thank you Dayle "Tumblena" Lusk for 32 years of making lives better in Huntington Beach with your Tumble-N-Energy!

Janeen Laudenback
Director of Community Services



Table of Contents Fall 2017



HB City Directory page 2



Special Events page 6



Infant/Tot page 7



Youth page 14



Teen/Adult page 20



Youth/Adult Sports: pages 17/36



Wellness & Aging page 38/40



Aquatics page 41



Tennis page 44



Services & Facilities page 48

CITY COUNCIL

Barbara Delgleize – Mayor
Mike Posey – Mayor Pro Tem
Patrick Brenden
Jill Hardy
Billy O'Connell
Erik Peterson
Lyn Semeta

COMMUNITY SERVICES COMMISSION

Joe Carchio	Albert Gasparian
Janis Mantini	Paul Burkart
Nicolina Cuzzacrea	Bridget Kaub
Jay Kreitz	Roy Miller
Richard Thiel	Antonio Benitez
Michelle Schuetz	Amy Kwon
Krista Sterud	

CITY ADMINISTRATION

Fred A. Wilson, City Manager
Ken Domer, Assistant City Manager

MISSION STATEMENT

The City of Huntington Beach Community Services Department provides outstanding programs, services and facilities to enhance and enrich the lives of our residents and visitors.

Class Registration Begins August 8 at 9 am

See Page 3 for information.

www.hbsands.org