

INFANT/TOT

ART

CRAFTY LITTLE ONES!

We provide the supplies, you provide the creativity! Help unleash your little one's imagination by assisting them in a variety of arts n' craft projects. Children and their parents will be given the opportunity to work together through drawing, painting, and much more!

Recreation Staff **Murdy Community Center**
430110-1A 2-4 yrs W 10-11am 10/24-11/14 Free

DANCE

BABY BALLERINA AND ME

Parents assist dancers in learning basic ballet positions, movements, short dances and more. Both parents and tiny dancers benefit by improving body awareness, coordination and flexibility. A great start for a budding ballerina and fun for parents, too.

Huntington Academy of Dance **16601 Gothard Street, Suite A**
430410-1B 2.5-4 yrs Tu 10-10:45am 9/11-11/13 \$105

Huntington Academy of Dance **Murdy Community Center**
430410-1A 2.5-4 yrs M 9:30-10:15am 9/10-11/5 \$95

BALLET BUDDIES

Learn ballet the fun way with friends, great music, and an enthusiastic instructor. Learn basic ballet positions, jumps, turns, and short dances using French vocabulary. Leotard, tights, and ballet slippers encouraged. Parents are invited to watch the last class of the session. *No Class Dates: Oct-31.*

Huntington Academy of Dance **City Gym and Pool**
430407-3A 3-5 yrs Th 3-4pm 9/13-11/15 \$105

Huntington Academy of Dance **Edison Community Center**
430407-2A 4-6 yrs W 3:30-4:30pm 9/12-11/14 \$95
430407-2B 3-5 yrs Sa 9:15-10:15am 9/15-11/17 \$105
430407-2C 4-6 yrs Sa 10:15-11:15am 9/15-11/17 \$105

Huntington Academy of Dance **16601 Gothard Street, Suite A**
430407-1C 3-5 yrs Tu 11am-12pm 9/11-11/13 \$105

Huntington Academy of Dance **Murdy Community Center**
430407-1A 3-5 yrs M 10:15-11:15am 9/10-11/5 \$95
430407-1B 4-6 yrs M 3:30-4:30pm 9/10-11/5 \$95



Parks & Recreation
Build Family Unity

BABY FIRST DANCE CLASS

Children delight in a sense of movement. Singing and dancing is a marvelous introduction for little ones to acquire confidence and motor skills, as well as strength, knowledge and coordination. \$5 materials fee due first class. *No Class Dates: Nov-12, Nov-23.*

Dawna Ludwig **City Gym and Pool**
430406-3A 9 mo-3.5 yrs M 11:10-11:50am 9/10-10/15 \$54
430406-3B 9 mo-3.5 yrs M 11:10-11:50am 10/22-12/3 \$54

Dawna Ludwig **Murdy Community Center**
430406-1A 9 mo-3.5 yrs F 10-10:40am 9/14-10/19 \$54
430406-1B 9 mo-3.5 yrs F 10-10:40am 10/26-12/7 \$54

BALLET & TAP

WARNING: If your child takes this class, they will perform dance routines for you at home all the time! This popular class teaches basic positions, movements, and rhythms of ballet and tap! Parents are invited to "show day" on the last class. Dance attire and tap shoes required.

Huntington Academy of Dance **Murdy Community Center**
430408-1A 3-5 yrs Th 10:15-11:15am 9/13-11/15 \$105

HIP HOP & JAZZ

Does your child dance around the house all day long? This is the class for your budding dancer! Bring a friend and learn the basics of Jazz Dance and get your groove on Hip Hopping. Your child will move to family friendly high energy music while learning funky fresh moves! Parents are invited to "show day" on the last class. Dance attire is encouraged.

Huntington Academy of Dance **Murdy Community Center**
430416-1A 3-5 yrs Th 11:15am-12:15pm 9/13-11/15 \$105

ONE & TWO BABY BOOGIE & YOU

Children delight in a sense of movement. Dance is a marvelous introduction for little students to acquire confidence and discipline as well as strength, knowledge, and coordination. "Baby face, you've got the cutest, little baby face." Parent/child participation. \$5 materials fee due first class. *No Class Dates: Nov-12, Nov-23.*

Dawna Ludwig **City Gym and Pool**
430409-3A 0.33-2.5 yrs M 11:50am-12:20pm 9/10-10/15 \$54
430409-3B 0.33-2.5 yrs M 11:50am-12:20pm 10/22-12/3 \$54

Dawna Ludwig **Murdy Community Center**
430409-1A 4 mo-2 yrs F 10:40-11:10am 9/14-10/19 \$54
430409-1B 4 mo-2 yrs F 10:40-11:10am 10/26-12/7 \$54

TINY TUTU TOTS

Dance develops body awareness, coordination, and rhythm in young tots as they move and groove to the music. Parents will enjoy helping baby improve gross motor skills, plus it's so much fun to watch baby dance! Dance attire encouraged for tots. Parent participation required.

Huntington Academy of Dance **16601 Gothard Street, Suite A**
430402-1B 1.5-2.5 yrs Th 9-9:30am 9/13-11/15 \$80

Huntington Academy of Dance **Murdy Community Center**
430402-1A 1.5-2.5 yrs M 9-9:30am 9/10-11/5 \$72

TINY TOTS POLYNESIAN DANCE

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem, and showmanship. Have fun dancing to the rhythms of the islands! Class luau held at the end of the session.

Melody Seanoa **HB Art Center**
430403-4A 2-5 yrs Tu 3:30-4pm 9/11-10/16 \$66/60
430403-4B 2-5 yrs Tu 3:30-4pm 10/23-11/27 \$66/60

TIPPI TOES PARENT & ME

Tippi Toes Dance Company introduces music, movement, balance and the basic dance steps in a fun and positive manner! Instructors will keep fun & exciting music and curriculum moving along while parents take an active role in encouraging, supporting and keeping the little dancer on track. Performance opportunities available throughout the year.

No Class Dates: Nov-19, Nov-21, Nov-24.

Tippi Toes HB		City Gym and Pool		
430404-3A	1.5-3 yrs Sa	9:30-10am	9/15-10/20	\$90
430404-3B	1.5-3 yrs Sa	9:30-10am	10/27-12/8	\$90

Tippi Toes HB		Edison Community Center		
430404-2A	1.5-3 yrs W	9:30-10am	9/19-10/24	\$90
430404-2B	1.5-3 yrs W	9:30-10am	10/31-12/12	\$90

Tippi Toes HB		Murdy Community Center		
430404-1A	1.5-3 yrs M	5:10-5:40pm	9/17-10/22	\$90
430404-1B	1.5-3 yrs M	5:10-5:40pm	10/29-12/10	\$90

TIPPI TOES PRINCESS DANCE

With songs like "Put'n on my Make-up" & "Pink High Heels", your little dancer is sure to leave class covered in sparkles while she leaps and twirls! The instructor will use dance, imagination and Tippi Toes music to make class a magical experience!

Performance opportunities available throughout the year.
No Class Dates: Nov-19, Nov-21, Nov-24.

Tippi Toes HB		City Gym and Pool		
430405-3A	2.5-3 yrs Sa	10:15-11am	9/15-10/20	\$90
430405-3B	2.5-3 yrs Sa	10:15-11am	10/27-12/8	\$90
430405-3C	4-6 yrs Sa	11:05-11:50am	9/15-10/20	\$90
430405-3D	4-6 yrs Sa	11:05-11:50am	10/27-12/8	\$90

Tippi Toes HB		Edison Community Center		
430405-2A	3-5 yrs W	10:10-10:55am	9/19-10/24	\$90
430405-2B	3-5 yrs W	10:10-10:55am	10/31-12/12	\$90

Tippi Toes HB		Murdy Community Center		
430405-1A	3-5 yrs M	4:15-5pm	9/17-10/22	\$90
430405-1B	3-5 yrs M	4:15-5pm	10/29-12/10	\$90



TOTS POLYNESIAN DANCE

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem, and showmanship. Have fun dancing to the rhythms of the islands! Class luau held at the end of the session.

Melody Seanoa		HB Art Center		
430414-4A	6-9 yrs Tu	4-4:45pm	9/11-10/16	\$66/60
430414-4B	6-9 yrs Tu	4-4:45pm	10/23-11/27	\$66/60

TIPPI TOES HIP HOP FOR TOTS

Boys and girls will learn all the latest hip-hop moves designed for tiny tots! High energy dance lessons, obstacle courses, parachute play, games, and more. *No Class Dates: Nov-23.*

Tippi Toes HB		Edison Community Center		
430418-2A	2-4 yrs F	9:30-10:10am	9/21-10/26	\$90
430418-2B	2-4 yrs F	9:30-10:10am	11/2-12/14	\$90

EDUCATIONAL

ABC & 123

Welcome to the PORTAL Enrichment Program, which provides a unique introduction to letters, numbers, and basic words. This children language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia, and bingo games.

Portal Languages		Edison Community Center		
430618-2A	2-4 yrs Tu	9:15-10:15am	9/18-11/6	\$105

AMIGUITOS

Vamos ajugar! Let's Play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games, role play and art. \$30 Materials fee due first class. Includes crafts, books via digital and audio CD.

Araceli Leal		Murdy Community Center		
430612-1A	2-4 yrs F	9:15-10:15am	9/14-10/19	\$70
430612-1B	2-4 yrs F	9:15-10:15am	11/2-12/14	\$70
430612-1C	2-4 yrs F	10:30-11:30am	9/14-10/19	\$70
430612-1D	2-4 yrs F	10:30-11:30am	11/2-12/14	\$70

PRE-SCHOOL PLAY & PRACTICE

Imagine learning activities, award-winning children's literature, arts and crafts, songs, and many more fresh new ideas for your child. Each class is based on a different theme and includes cutting, pasting, painting, coloring, and more importantly, interacting with other children. \$5 materials fee due first class.

No Class Dates: Nov-12, Nov-23.

Dawna Ludwig		City Gym and Pool		
430610-3A	9 mo-3.5 yrs M	10:30-11:10am	9/10-10/15	\$54
430610-3B	9 mo-3.5 yrs M	10:30-11:10am	10/22-12/3	\$54

Dawna Ludwig		Edison Community Center		
430610-2A	9 mo-3.5 yrs M	9:20-10am	9/10-10/15	\$54
430610-2B	9 mo-3.5 yrs M	9:20-10am	10/22-11/26	\$54

Dawna Ludwig		Murdy Community Center		
430610-1A	9 mo-3.5 yrs F	9:20-10am	9/14-10/19	\$54
430610-1B	9 mo-3.5 yrs F	9:20-10am	10/26-12/7	\$54



AMIGUITOS

Vamos a jugar! Let's Play! Children are immersed in the Spanish language via a unique style of storytelling, music and movement, games, role play and art. \$30 Materials fee due first class. includes crafts, books via digital and audio CD.

Araceli Leal	Murdy Community Center
430612-1A 2-4 yrs F 9:15-10:15am 9/14-10/19 \$70	
430612-1B 2-4 yrs F 9:15-10:15am 11/2-12/14 \$70	
430612-1C 2-4 yrs F 10:30-11:30am 9/14-10/19 \$70	
430612-1D 2-4 yrs F 10:30-11:30am 11/2-12/14 \$70	

WEE FOLK PRESCHOOL

Our program is designed to provide your child with a positive preschool experience and a healthy self-image. We believe children learn and develop best through play. Our nurturing environment will offer engaging and fun activities while exploring arts, music, science, story time, and more. This class is for children ages 3-5 years old. Children eligible to enroll in Little Folk may also enroll in this class concurrently. Your child must be 3 years old by 9/1/2018. A \$20 material fee payable to the instructor. Public school holidays will be observed. *No Class Dates: Nov-19, Nov-20, Nov-21, Nov-22, Nov-23.*

Keri Smith	Edison Community Center
430603-2A 3-5 yrs Tu,Th 9am-12pm 9/18-10/25 \$190	
430603-2B 3-5 yrs Tu,Th 9am-12pm 10/30-12/13 \$190	

Keri Smith	Murdy Community Center
430603-1A 3-5 yrs Tu,Th 9am-12pm 9/18-10/25 \$190	
430603-1B 3-5 yrs Tu,Th 9am-12pm 10/30-12/13 \$190	

LITTLE FOLK PRESCHOOL

A program designed to prepare your child for a successful transition into Kindergarten. Meaningful play and hands-on activities will be offered allowing your child to explore, discover, and create. Through fun and playful learning experiences your child will develop problem solving skills, language skills, writing skills, and confidence! Your child 4 years old by 9/1/18. A \$25 material fee payable to the instructor. Public school holidays will be observed. *No Class Dates: Nov-12, Nov-19, Nov-20, Nov-21, Nov-22, Nov-23.*

Keri Smith	Edison Community Center
430607-2A 4-5 yrs M,W,F 9am-12pm 9/17-10/26 \$250	
430607-2B 4-5 yrs M,W,F 9am-12pm 10/29-12/14 \$250	

Keri Smith	Murdy Community Center
430607-1A 4-5 yrs M,W,F 9am-12pm 9/17-10/26 \$250	
430607-1B 4-5 yrs M,W,F 9am-12pm 10/29-12/14 \$250	

PRESCHOOL SPANISH BASICS

Welcome to the PORTAL Enrichment Program, which provides a unique opportunity to enjoy a Spanish class and associated cultural activity. This children's language learning program will come alive through fun and entertainment with music, puppets, big books, posters, picture cards, theater, felt board, trivia and bingo games.

Portal Languages	Edison Community Center
430617-2A 2-5 yrs Tu 10:30-11:30am 9/18-11/6 \$150	

TODDLER PLAY & LEARN

A special time for parents and toddlers to enjoy creative and stimulating play and learn centers, hands on age appropriate crafts including painting and playdough, singing and dancing time, plus bubbles and parachute play. Parenting tips, learning games, plus lots of family resources, activities and outing ideas in our community shared each class. Field trip to visit animals included each session. \$5 materials fee due first class.

Beverly Rico	Murdy Community Center
430602-1A 10 mo-2 yrs W 9:30-10:30am 9/19-11/14 \$72	

TOT HOUR

Parent participation class including creative play and learning centers; bubbles and parachute time; craft activity with Playdough, paints, collages; plus songs and dancing. Trip to visit farm animals. Provides opportunities in play and learning activities helpful for future preschool experiences. \$5 materials fee due first class.

Beverly Rico	Murdy Community Center
430609-1A 2-3.5 yrs W 10:30-11:30am 9/19-11/14 \$72	

GYMNASTICS

GYMNASTICS: TEENY YOGA-NASTICS

Tumble, roll, climb, slide, jump, balance, sing, explore tunnels and enjoy safe, creative FUN together! We combine baby friendly tumbling, yoga, music, imagination and social interaction to help baby build & improve important motor skills, hand/eye coordination, flexibility and confidence. We make learning FUN for both partner and baby! Please bring receiving blanket and wear comfortable clothing, mats provided. Parent participation required. \$2 materials fee due first class. *No Class Dates: Nov-20.*

Tumble-N-Kids Inc	Murdy Community Center
430701-1A 8-17 mo Tu 10:30-11:15am 9/25-12/4 \$100	

GYMNASTICS: TINY TWISTERS

Enjoy Saturday mornings with your "Tiny Twister." Learning age appropriate tumbling is great fun! Your little one improves important motor skills, strength, confidence and coordination. Together, we'll tumble-roll-balance-bounce-sing-sit-crawl-jump... and enjoy safe, creative fun and music. "Let the good times ROLL" \$2 materials fee due first class. *No Class Dates: Nov-23, Nov-24.*

Tumble-N-Kids Inc	City Gym and Pool
430704-3A 8-17 mo F 10:20-11:05am 9/28-12/7 \$100	

Tumble-N-Kids Inc	Edison Community Center
430704-2A 10 mo-2 yrs Sa 9:30-10:15am 9/29-12/8 \$100	

Tumble-N-Kids Inc	Murdy Community Center
430704-1A 10 mo-2 yrs Sa 9:30-10:15am 9/29-12/8 \$100	

GYMNASTICS: TOOTSIE ROLLERS

This class is jam-packed with music, movement and Tumble-N-Fun. Together, we'll tumble-roll-balance-bounce-sing-hop-jump...and enjoy safe, creative fun + music! Obstacle courses, beams, trampoline, and "Big Cheese" keep it roll'n! Gymnastic skills are a great foundation for all sports! Parents participation class. \$2 materials fee due first class. *No Class Dates: Nov-21, Nov-22, Nov-23.*

Tumble-N-Kids Inc				City Gym and Pool
430705-3A	1.5-3 yrs	F	10:15-11am	9/28-12/7 \$100
Tumble-N-Kids Inc				Edison Community Center
430705-2A	1.5-3 yrs	W	10:15-11am	9/26-12/5 \$100
Tumble-N-Kids Inc				Murdy Community Center
430705-1A	1.5-3 yrs	Th	10-10:45am	9/27-12/6 \$100

GYMNASTICS: TINY YOGA-NASTICS

A BIG dose of FUN, this active class combines age-appropriate tumbling, yoga, music, creative play, imagination & beyond! Get strong and confident learning gymnastic rolls, balance beams, trampoline, "Big Cheese", animal walks and more. Improve balance, flexibility, concentration and body awareness with fun & easy kid's yoga. We make learning FUN! Yoga mats provided, or bring your own mat. Parent participation required. \$2 materials fee due first class. *No Class Dates: Nov-20.*

Tumble-N-Kids Inc				Murdy Community Center
430702-1A	1.5-3 yrs	Tu	11:20am-12:05pm	9/25-12/4 \$100

GYMNASTICS: TUMBLE-BUGS

Together, we'll tumble, roll, balance, bounce, sing, hop, jump and enjoy safe, creative tumble-fun & music. Obstacle courses, balance beams, trampoline, "big cheese", tunnels, animal walks, circle time, learning gymnastic positions, keep it roll'n. Parent participation required. \$2 materials fee due first class. *No Class Dates: Nov-24.*

Tumble-N-Kids Inc				Edison Community Center
430706-2A	2-4 yrs	Sa	10:15-11:15am	9/29-12/8 \$115
Tumble-N-Kids Inc				Murdy Community Center
430706-1A	2-4 yrs	Sa	10:15-11:15am	9/29-12/8 \$115

GYMNASTICS: TUMBLE STARS

Boys and girls safely learn fun and age-appropriate Gymnastics/Tumbling skills. Students gain strength, coordination, flexibility, balance, and self-confidence. Obstacle courses, balance beams, trampoline and handspring barrel keep the fun roll'n. Students learn to follow directions – a great class to prepare for school. Parent participation class. \$2 materials fee due first class. *No Class Dates: Nov-21, Nov-22, Nov-23.*

Tumble-N-Kids Inc				City Gym and Pool
430707-3A	3-5 yrs	F	9:30-10:15am	9/28-12/7 \$100
Tumble-N-Kids Inc				Edison Community Center
430707-2A	2.5-4 yrs	W	11:05-11:50am	9/26-12/5 \$100
Tumble-N-Kids Inc				Murdy Community Center
430707-1A	2.5-4 yrs	Th	10:45-11:30am	9/27-12/6 \$100

TEENY TUMBLERS

"Teeny Tumblers" will develop important motor skills and confidence as they tumble, roll, balance, bounce, sing, sit and crawl in this fun, active class! Together we'll enjoy safe, creative fun +music! " \$2 materials fee due first class. Parent participation class. *No Class Dates: Nov-21.*

Tumble-N-Kids Inc				Edison Community Center
430711-2A	8-17 mo	W	9:30-10:15am	9/26-12/5 \$100

GYMNASTICS: YOGA-NASTICS

Release your child's inner 'tumbler' in a FUN and controlled environment! Our active class combines age-appropriate tumbling, yoga, music, creative play, imagination & beyond! Kids get strong and confident learning gymnastics, balance beams, trampoline, rolling down inclines and coordination while doing animal walks. PLUS improve balance, flexibility and concentration with fun & easy kid's yoga. We make learning FUN! Yoga mats provided, or bring your own mat. Some parent participation required. \$2 material fee due first day of class. *No Class Dates: Nov-20.*

Tumble-N-Kids Inc				Murdy Community Center
430715-1A	3-5 yrs	Tu	12:15-1pm	9/25-12/4 \$100

MARTIAL ARTS

KARATE-DO TRADITIONAL JAPANESE BEGINNER

Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms are available for purchase from instructor. 1 day a week, Thursday, or Friday, for \$110. 2 days a week for \$130. *No Class Dates: Oct-25, Oct-26, Nov-22, Nov-23.*

Wadoryu USA				Edison Community Center
430901-2A	5-7 yrs	Th	5-5:40pm	9/13-12/13 \$110
430901-2B	5-7 yrs	F	5-5:40pm	9/14-12/14 \$110

KARATE-DO TRADITIONAL JAPANESE KARATE NOVICE

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Orange, yellow, blue belts only. 1 day a week, Thursday or Friday, for \$55. 2 days a week for \$75. Must be enrolled in both sessions to be eligible for belt test. *No Class Dates: Nov-22, Nov-23.*

Wadoryu USA				Edison Community Center
430902-2A	5-7 yrs	Th	5:45-6:30pm	9/13-10/18 \$55
430902-2B	5-7 yrs	Th	5:45-6:30pm	11/1-12/13 \$55
430902-2C	5-7 yrs	F	5:45-6:30pm	9/14-10/19 \$55
430902-2D	5-7 yrs	F	5:45-6:30pm	11/2-12/14 \$55

Register Online! www.hbsands.org



Parks & Recreation...
instill teamwork

KARATE-DO TRADITIONAL JAPANESE KARATE INTERMEDIATE & ADVANCED

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world class competitor, has over 40 years of teaching experience and emphasizes good sportsmanship and respect. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor. Blue/St, Green/St, Purple, Purple/St, Red, Red St belts only. 1 day a week, Thursday, or Friday, for \$70. 2 days a week for \$80. Must be enrolled in both sessions to be eligible for belt test. *No Class Dates: Nov-22, Nov-23.*

Wadoryu USA

430903-2A	5-7 yrs	Th	5:45-7:15pm	9/13-10/18	\$70				
430903-2B	5-7 yrs	Th	5:45-7:15pm	11/1-12/13	\$70				
430903-2C	5-7 yrs	F	5:45-7:15pm	9/14-10/19	\$70				
430903-2D	5-7 yrs	F	5:45-7:15pm	11/2-12/14	\$70				

Edison Community Center

RHYTHM, RHYME & FUN

Rhyming games, musical instruments, and a colorful costume parade are just some of the fun things that your child will take part in as they learn to socialize in a positive and cheerful environment. \$3 materials fee due first class. This is a parent participant class.

Patricia Hill

431002-3A	1.25-3 yrs	Tu	9:30-10:30am	9/11-10/9	\$56		
431002-3B	1.25-3 yrs	Tu	9:30-10:30am	10/16-11/13	\$56		

City Gym and Pool

WIGGLE, GIGGLE MUSIC TIME

It's time to let loose. Singing, dancing and playing musical instruments as we "get our wiggles out" in this fun and active class. Balance and coordination will be developed as we groove to the tunes. \$5 materials fee due first class. Parent participation required.

Patricia Hill

431001-3A	1.5-3 yrs	Tu	10:45-11:30am	9/11-10/9	\$51		
431001-3B	1.5-3 yrs	Tu	10:45-11:30am	10/16-11/13	\$51		

City Gym and Pool

Patricia Hill

431001-1A	1.5-3 yrs	Th	9:30-10:15am	9/13-10/11	\$51		
431001-1B	1.5-3 yrs	Th	9:30-10:15am	10/18-11/15	\$51		

Murdy Community Center

MUSIC

PARENT AND ME SUNSHINE BABIES AND TOTS

Have fun singing, dancing, marching & playing to upbeat music using bright colored props and introduce your child to the wonderful world of song combined with dance. Parachute games, bubbles, balls, tunnels, marching parade using rhythm instruments. Parent participation is required. 3 year olds can join our Sunshine Generation Performing Group.

No Class Dates: Nov-6, Nov-7, Nov-8, Nov-20, Nov-21, Nov-22.

Iskui Merdjanian

431003-2A	10 mo-3 yrs	Th	9:15-10am	9/27-11/29	\$69		

Edison Community Center

Iskui Merdjanian

431003-1A	10 mo-3 yrs	Tu	9:15-10am	9/25-11/27	\$69		
431003-1B	10 mo-3 yrs	W	6-6:45pm	9/26-11/28	\$69		

Murdy Community Center

HEALTH/SPORTS

PARENT AND ME FROGGY YOGA AND PLAY

Parent and Me Froggy Yoga and Play is a perfect environment for fun and bonding with your little one. This class gives a leg up on motor skills, balance, and strength while encouraging their strong imaginations. Yoga, creative movement, and dance combined with animal costumes/props and great music. Please bring mat or towel. *No Class Dates: Nov-22.*

Se7en Yoga

430804-2A	5 mo-3 yrs	Th	10:30-11:15am	9/13-11/29	\$96		

Edison Community Center

PERFORMING ART: SUNSHINE GENERATION OF HB

Make new friends while building useful lifetime skills! Gain confidence for public performing with NO pressure. Kids focus on singing, dancing, and public speaking with showmanship. Optional community performances after the end of the session. \$30 for Sunshine t-shirt, CD, and worksheets. Parents are asked not to stay during rehearsals.

No Class Dates: Nov-7, Nov-8, Nov-21, Nov-22.

Iskui Merdjanian

431004-2A	3-5 yrs	Th	4:45-5:30pm	9/27-11/29	\$79		

Edison Community Center

RHYTHM BABIES

This class is an easy and fun way to introduce your child to age appropriate musical instruments. They will delight to the sounds while developing their balance and coordination skills. \$2 materials fee due first class. This is a parent participation class.

Patricia Hill

431005-1A	6-15 mo	Th	10:30-11:15am	9/13-10/11	\$51		
431005-1B	5-15 mo	Th	10:30-11:15am	10/18-11/15	\$51		

Murdy Community Center



Register Online! www.hbsands.org



FROGGY YOGA AND PLAY

Kids Froggy Yoga and Play is a perfect environment for your kid to be a kid. This class gives a leg up on motor skills, balance, strength, and flexibility while encouraging their strong imaginations. There will be animal costumes/props combined with great music. Please bring a mat or towel. *No Class Dates: Nov-22.*

Se7en Yoga

430803-2A 3-6 yrs Th 9:30-10:15am 9/13-11/29 \$96 **Edison Community Center**

MOMMY/DADDY & ME SOCCER

As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action! Each child receives a soccer jersey.

Kidz Love Soccer

431314-1A 2-3.5 yrs Sa 4:30-5pm 9/29-11/17 \$100 **Murdy Community Center**

TOT/PRE-SOCCER

Little tykes will enjoy running and kicking just like the big kids! Teaches the basic techniques of the game and build self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Each child receives a soccer jersey. Shin guards are required after the first meeting.

Kidz Love Soccer

431315-1A 3.5-5 yrs Sa 3:45-4:20pm 9/29-11/17 \$100 **Murdy Community Center**

PEE WEE SOCCER

This non-competitive introduction to soccer is a great way to start boys and girls off with a positive and fun learning experience in youth sports. Players will be introduced to the fundamentals of soccer through game based drills, hands on instruction and scrimmages. Program will take place under the lights at the central park sports complex on the artificial turf soccer fields! Each participant will receive an HB recreation shirt and all soccer equipment will be made available.

Youth Sports Staff

					Sports Complex	
431307-01	3-5 yrs	W	4-4:50pm	9/12-10/17	\$60	
431307-02	3-5 yrs	W	5-5:50pm	9/12-10/17	\$60	
431307-03	3-5 yrs	W	6-6:50pm	9/12-10/17	\$60	
431307-04	3-5 yrs	Th	4-4:50pm	9/13-10/18	\$60	
431307-05	3-5 yrs	Th	5-5:50pm	9/13-10/18	\$60	
431307-06	3-5 yrs	Th	6-6:50pm	9/13-10/18	\$60	

SKYHAWKS: MINI-HAWK MULTI-SPORT

Introduce your little superstar to sports in our most popular program! This baseball, basketball, and soccer class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation may be required for younger ages. *No Class Dates: Oct-31.*

Skyhawks Sports Academy Inc

					Edison Community Center
431304-2A	2-2 yrs	Sa	9-9:30am	9/15-11/10	\$155
431304-2B	3-3 yrs	Sa	9:40-10:20am	9/15-11/10	\$155
431304-2C	4-4 yrs	Sa	10:30-11:10am	9/15-11/10	\$155
431304-2D	5-6 yrs	Sa	11:20am-12pm	9/15-11/10	\$155

Skyhawks Sports Academy Inc

					Murdy Community Center
431304-1A	2-3.5 yrs	W	3:30-4pm	9/12-11/7	\$155
431304-1B	3.5-4 yrs	W	4:15-5pm	9/12-11/7	\$155

SKYHAWKS HOOPSTER TOTS

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing, and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide the right amount of challenge.

Skyhawks Sports Academy Inc

					Edison Community Center
431311-2A	3-4 yrs	Tu	4-4:45pm	9/11-10/16	\$99
431311-2B	5-6 yrs	Tu	5-5:45pm	9/11-10/16	\$99
431311-2C	3-4 yrs	Tu	4-4:45pm	10/30-12/4	\$99
431311-2D	5-6 yrs	Tu	5-5:45pm	10/30-12/4	\$99

SKYHAWKS SOCCERTOTS

Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and above all, we promote fun, fun, fun! Parent participation may be required for younger ages. *No Class Dates: Oct-31.*

Skyhawks Sports Academy Inc

					Edison Community Center
431316-2A	2-3.5 yrs	W	4-4:30pm	9/12-10/17	\$99
431316-2B	3.5-5 yrs	W	4:45-5:30pm	9/12-10/17	\$99
431316-2C	2-3.5 yrs	W	4-4:30pm	10/24-12/5	\$99
431316-2D	3.5-5 yrs	W	4:45-5:30pm	10/24-12/5	\$99
431316-2E	2-3.5 yrs	F	3:30-4pm	9/14-11/9	\$145
431316-2F	3.5-4.5 yrs	F	4:10-4:50pm	9/14-11/9	\$145
431316-2G	4.5-6 yrs	F	5-5:45pm	9/14-11/9	\$145

STROLLER WORKOUT

Calling all parents and grandparents! Why hire a babysitter AND a trainer when you can work out with your little ones! Join us for workout that will sculpt and tighten your entire body while you are bonding with your babies and making new friends! Modifications available for new moms & mommies to be! Drop-ins: \$18/class. Bring: stroller, mat, dumbbells, water and snacks. Meet at the back of the Senior Center in Central Park. Info@hbpilates.com

HB Pilates

					Senior Center in Central Park
450825-5A	18 yrs +	Tu	9-10am		9/11-10/16 \$79
450825-5B	18 yrs +	Th	9-10am		9/13-10/18 \$79
450825-5C	18 yrs +	Tu,Th	9-10am		9/11-10/18 \$121
450825-5D	18 yrs +	Tu	9-10am		10/23-11/20 \$68
450825-5E	18 yrs +	Th	9-10am		10/25-11/15 \$56
450825-5F	18 yrs +	Tu,Th	9-10am		10/23-11/15 \$93
450825-5G	18 yrs +	Tu	9-10am		11/27-12/18 \$56
450825-5H	18 yrs +	Th	9-10am		11/29-12/20 \$56
450825-5I	18 yrs +	Tu,Th	9-10am		11/27-12/20 \$84

TOTS SPORTS AND GAMES

A development program for kids ages 2-3 years old that uses a variety of fun games to engage kids while exposing them to a variety of different sports. The goal is to build fitness, muscle coordination, sports fundamentals while creating a love of athletics. Parent participation is required.

Skyhawks Sports Academy Inc				City Gym and Pool
431320-3A	2-3 yrs	M	10:15-11am	9/10-10/29 \$130

Skyhawks Sports Academy Inc				Edison Community Center
431320-2A	2-3 yrs	Th	9:15-10am	9/13-11/1 \$130

Skyhawks Sports Academy Inc				Murdy Community Center
431320-1A	2-3 yrs	Tu	9:15-10am	9/11-10/30 \$130

SKYHAWKS MINI-HAWK DOUBLE SPORT

Introduce your little superstar to sports in our most popular program! This class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Parent participation required for younger ages. Early Fall – soccer and basketball. Late Fall – soccer and baseball. *No Class Dates: Nov-22.*

Skyhawks Sports Academy Inc				Edison Community Center
431321-2A	2-3.5 yrs	Th	4-4:30pm	9/13-10/18 \$99
431321-2B	3.5-5 yrs	Th	4:45-5:30pm	9/13-10/18 \$99
431321-2C	2-3.5 yrs	Th	4-4:30pm	11/1-12/6 \$99
431321-2D	3.5-5 yrs	Th	4:45-5:30pm	11/1-12/6 \$99

SURF & SKATE

SKATEBOARDING

Whether you are just learning or ready to learn advanced tricks, this class is right for you. Make new friends, advance your skills, and most importantly, have fun in our private skatepark. Requirements: A signed Skatedogs waiver form, a skateboard, knee pads, elbow pads and a helmet. *No Class Dates: Oct-31, Nov-21.*

Skatedogs				Sports Complex
491402-6A	5-13 yrs	W	4-5:30pm	9/12-10/17 \$150
491402-6B	5-13 yrs	W	4-5:30pm	10/24-12/12 \$150

ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00pm for Wednesday class and 12:00-2:00pm for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm. *No Class Dates: Nov-21, Nov-24.*

The Rinks Westminster ICE				Westminster Ice
431312-1A	3-5 yrs	W	5:10-5:40pm	9/12-10/3 \$38
431312-1B	3-5 yrs	W	5:10-5:40pm	10/10-10/31 \$38
431312-1C	3-5 yrs	W	5:10-5:40pm	11/7-12/5 \$38
431312-1D	3-5 yrs	Sa	10:15-10:45am	9/15-10/6 \$38
431312-1E	3-5 yrs	Sa	10:15-10:45am	10/13-11/3 \$38
431312-1F	3-5 yrs	Sa	10:15-10:45am	11/10-12/8 \$38

PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on day of class (3:10-4:40pm for Tuesday class and 12:00-2:00pm for Saturday class) and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm. *No Class Dates: Nov-20, Nov-24.*

The Rinks Westminster ICE				Westminster Ice
431313-1A	3-5 yrs	Tu	4:10-4:40pm	9/11-10/2 \$38
431313-1B	3-5 yrs	Tu	4:10-4:40pm	10/9-10/30 \$38
431313-1C	3-5 yrs	Tu	4:10-4:40pm	11/6-12/4 \$38
431313-1D	3-5 yrs	Sa	11:15-11:45am	9/15-10/6 \$38
431313-1E	3-5 yrs	Sa	11:15-11:45am	10/13-11/3 \$38
431313-1F	3-5 yrs	Sa	11:15-11:45am	11/10-12/8 \$38

Skateboarding BIRTHDAY PARTY

Sports Complex Parking Lot

Celebrate your birthday with your friends by riding ramps and getting skateboarding instruction from an experienced coach in the Skatedogs private skatepark. All parties include instruction, free skate, and fun games! For more information contact Skatedogs at 714-313-8787.